Kilimanjaro Gear Checklist:

Travel Items: Upper Body: Lower Body: ☐ Travel wallet/crossbody bag Lightweight sun hoody 5 x pairs of hiking socks Cash ☐ Base layer thermal top ☐ Hiking boots Passport, passport photos, and 2 x midweight layers Gaiters travel documents ☐ Shell jacket 4 x synthetic underwear & sports bras Casual travel/in-town clothes Down parka 2 x base layer thermal bottoms ☐ Swimsuit (optional) 2 x neck gaiters (1 light, 1 medium) ☐ Winter hat 2 x pairs of soft-shell hiking pants ☐ In-town toiletries ☐ Travel shoes/sneakers ☐ Baseball or sun hat (1 light, 1 medium) ☐ Travel adapters, charging cables, ☐ Fleece gloves ☐ Belt (optional) battery packs, etc. Climbing gloves ☐ Shell pants 2 x large duffel bags with locks ☐ Insulated mitts ☐ Insulated pants ☐ Chemical hand & foot warmers (optional) ☐ Glacier glasses ☐ Goggles ☐ Prescription eyewear

| Hiking Gear | Personal Items: | |
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| ☐ 30-40L daypack | 2 x water bottles | ☐ Sunscreen and zinc |
| ☐ Pack cover | ☐ Insulating bottle covers | 2 x lip balm with SPF |
| ☐ Trekking poles with snow baskets | ☐ Water purification system (iodine tabs, | ☐ Toothbrush and toothpaste |
| ☐ Down sleeping bag rated to 0°F / -18°C | chlorine tabs, or water filtration system) | ☐ Baby wipes |
| Closed-cell foam sleeping pad | ☐ Book, Kindle, tablet | ☐ Personal toiletries |
| ☐ Inflatable sleeping pad | ☐ Headphones (optional) | ☐ Small medical kit |
| 2 x headlamps | ☐ Earplugs | ☐ Prescription medications |
| ☐ Extra batteries | ☐ Camera (optional) | \square Roll of toilet paper and Ziploc bag for storage |
| Safari Items: | ☐ Watch | ☐ Pee funnel (for women, optional) |
| | ☐ Multitool (optional) | ☐ Pee bottle |
| ☐ Safari clothing | ☐ Rain poncho and umbrella (optional) | |
| ☐ Lightweight sneakers | Notes: | |
| ☐ Small set of binoculars | | |
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