

Kilimanjaro Gear Checklist:

Travel Items:

- ☐ Travel wallet/crossbody bag
- ☐ Cash
- ☐ Passport, passport photos, and travel documents
- ☐ Casual travel/in-town clothes
- ☐ Swimsuit (optional)
- ☐ In-town toiletries
- ☐ Travel shoes/sneakers
- ☐ Travel adapters, charging cables, battery packs, etc.
- ☐ 2 x large duffel bags with locks

Upper Body:

- ☐ Lightweight sun hoody
- ☐ Base layer thermal top
- ☐ 2 x midweight layers
- ☐ Shell jacket
- ☐ Down parka
- ☐ 2 x neck gaiters
- ☐ Winter hat
- ☐ Baseball or sun hat
- ☐ Fleece gloves
- ☐ Heavyweight gloves
- ☐ Insulated mitts
- ☐ Chemical hand & foot warmers (optional)
- ☐ Sunglasses
- ☐ Prescription eyewear

Lower Body:

- ☐ 5 x pairs of hiking socks
- ☐ Hiking boots
- ☐ Gaiters
- ☐ 4 x synthetic underwear & sports bras
- ☐ 2 x base layer thermal bottoms (1 light, 1 medium)
- ☐ 2 x pairs of soft-shell hiking pants (1 light, 1 medium)
- ☐ Belt (optional)
- ☐ Shell pants
- ☐ Insulated pants

Hiking Gear

- ☐ 30-40L daypack
- ☐ Pack cover
- ☐ Trekking poles with snow baskets
- ☐ Down sleeping bag rated to 0°F / -18°C
- ☐ Closed-cell foam sleeping pad
- ☐ Inflatable sleeping pad
- ☐ 2 x headlamps
- ☐ Extra batteries

Safari Items:

- ☐ Safari clothing
- ☐ Lightweight sneakers
- ☐ Small set of binoculars

Personal Items:

- ☐ 2 x water bottles
- ☐ Insulating bottle covers
- ☐ Water purification system (iodine tabs, chlorine tabs, or water filtration system)
- ☐ Book, Kindle, tablet
- ☐ Headphones (optional)
- ☐ Earplugs (optional)
- ☐ Camera (optional)
- ☐ Rain poncho and umbrella (optional)
- ☐ Sunscreen and zinc
- ☐ 2 x lip balm with SPF
- ☐ Toothbrush and toothpaste
- ☐ Baby wipes
- ☐ Personal toiletries
- ☐ Small medical kit
- ☐ Prescription medications
- ☐ Roll of toilet paper and Ziploc bag for storage
- ☐ Pee funnel (for women, optional)
- ☐ Pee bottle
- ☐ 5 x heavy-duty trash bags
- ☐ Snack food (3lbs / 1.5kg)

Notes:
